



Spiritual Leader Formation

WYD Training Day 2 – Oct 07





welcome

Presenters

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Evangelisation and Catechesis Working Group



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welcome

Program Outline

- Pilgrimage
- The Pilgrim
- The impact of Spiritual Leaders
- Role
- Scheduling Time
- Preparation

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pilgrimage

Why focus on pilgrimage

- Pilgrimage is an ancient tradition of all people
- Pilgrimage connects WYD with our ongoing faith journey
- Use the 'Pilgrimage: the journey within and beyond' card to break open Pilgrimage with your pilgrims

we are only travellers, pilgrims on this earth; our true home is in heaven.

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pilgrimage

In what way is WYD a pilgrimage

- WYD is a journey of:
 - Faith *an experience created to develop our faith*
 - Learning *a chance to learn about and break open our faith*
 - Hospitality *experienced and given*
 - Unity *with our communities, the church and the world*
 - Relationships *family , friends and Jesus*
 - Justice *in action and in solidarity*
 - Sacred Places *finding touchstones amongst the chaos*





pilgrimage

Become a Pilgrim

- *To be with the young people is not enough, become a pilgrim and be open to the journey*
- *The best way to minister with pilgrims is to make the journey with them*
- *Share the gift of yourself*

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the pilgrim

The Person and Spirituality of Young People

- *Young People seek:*
 - *authenticity*
 - *understanding*
 - *a shared experience*
 - *community*
 - *identity*

*Archdiocesan Framework for ministry with young people
Invite - Form - Challenge - Send
Connect – Grow – Choose - Go*

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the pilgrim

Connecting & Building Relationships with Young People

- Be yourself *young people have good crap detectors!*
- Be open *share yourself with your pilgrims*
- Be an example *model behaviours and practices*
- Be organised *shows that it is important and you are taking it seriously*

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the pilgrim

Age Groups

- Under 18
 - More rules and boundaries (*higher supervision, No alcohol/smoking*)
 - Greater distance between pilgrims and staff
 - Discussions may vary in length and depth
- Over 18
 - Adults (*have free will and to participate as adult*)
 - Easier to connect as peers/equals
 - Discussions could go on forever





the impact of Spiritual Leaders

The Impact of a Spiritual Leader

David Jorna

WYD Pilgrim – WYD 2002 Toronto

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Role

Spiritual Leader

Provides spiritual direction and support for the pilgrimage including:

- Assisting in the spiritual preparation of pilgrims in the lead up to WYD Sydney. (breaking open key concepts eg. Pilgrimage, WYD theme, types of prayer & worship, etc)
- Travel with the pilgrimage group and participate in and share the experience of WYD SYD with their pilgrims.
- Assist pilgrims to “make sense” of their experiences
- Provide leadership of prayer and celebration opportunities prior to and during the Pilgrimage

This person would typically be a Priest, Religious, Chaplain, or other significant adult with appropriate formation and training.





scheduling time

See draft Running Sheet hand out

Tips

- WYD Week is very busy and hectic
- Schedule time to gather as a community
- Reflect - Share - Pray
- Spend the day with different pilgrims
- Question & challenge
- Find the God Moments

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Preparation

Gather & Prepare

- WYD is going to be a powerful experience!
- Preparation is the key to a lasting impact
- Gather regularly
 - Build relationships
 - Break open scripture, prayer, theme and message of WYD
 - Do those things you would do after WYD
- More regular gatherings in the months before Sydney (*May/June*)

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Preparation

Debrief

- Make time after WYD to gather as a group to reflect upon and debrief your groups experiences
- You will continue to be a spiritual contact point for a lot of pilgrims





Preparation

Possible Timetable

- December
 - January
 - February
 - March
 - April
 - May
 - June
 - July
- Advent
 - Lent
 - Easter
 - Final Updates
 - Days in the Diocese





Where to from here

Tasks

- Meet with your Pilgrimage Leadership Team to discuss roles
- Begin connecting with or gathering your pilgrims
- Begin to collect resources

Resources

- Pilgrimage: a journey within and beyond
- Spirited: prayers for young people
- Archdiocesan Preparation kit
- Activ8 the Parish – Part 1
- Holy Fathers Message for WYD08





Training Day 3 – March 08

Outline

- **Walking the Journey**
 - Spirituality of Presence
 - Building relationships
 - Sharing in the experience
- **Seizing the Moment**
 - What opportunities exist within the week of WYD for spiritual leadership?
- **Celebrating the Sacred**
 - Prayer and worship opportunities for the group
 - Understanding the elements of WYD – Vigil, reconciliation, theme, catechesis, etc
- **Juggling the Chaos**
 - Strategies to manage the spiritual direction of the whole group as well as diverse individuals





Further Questions

Questions

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Spiritual Leader Formation

WYD Training Day 2 – Oct 07



**“You will receive
power when the
Holy Spirit has
come upon you;
and you will be
my witnesses”**

[Acts 1:8]