



Pastoral Leader Formation

WYD Training Day 2 – Oct 07





welcome

Presenters

- **Greg Sunter**

Participation in Sydney Working Group

Archdiocesan WYD Preparatory Committee

Brisbane Schools Pilgrimage Leader - WYD2005 Cologne



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welcome

Program Outline

- What is Community
- Community Development Agreements
- Group Dynamics
- The Physical needs & First Aid
- Pastoral Approaches

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What is community?

Christian Communities

- Jesus and the Twelve Disciples
- Christianity had its beginnings in small communities
- Parish, Schools, Movements and Groups all focus of developing community

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What is community?

A place to grow in faith

- A place to discuss and share your faith journey
- A place to share experiences
- A place of fellowship
- A place to ask question
- A place to feel safe

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Role

Pastoral Leaders

Provide pastoral care of pilgrims which will include:

- Assisting in the preparation of pilgrims in the lead up to WYD Sydney.
- Travel with the pilgrimage group and participate in and share the experience of WYD SYD with their pilgrims.
- Assist pilgrims to “make sense” of their experiences
- Nurture the physical and spiritual wellbeing of pilgrims
- Lead and supervise small groups of U18 pilgrims.

These people would typically be youth ministry volunteers, parents or teachers and would have appropriate formation and training.





Creating a safe environment

- Everyone needs to feel safe in the community
- Everyone needs to be aware of boundaries
- Everyone is treated equal
- Everyone has an opportunity to participate
- Everyone has an opportunity to be heard

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A sense of Identity

- Identity creates ownership & belonging
 - What is our focus?
 - What are we trying to achieve?
 - Who do we represent?
- Identity is not exclusive

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Agreeing to Appropriate behaviours

- Community Development Agreement
 - What behaviours are expected / What are not
eg. respect, listen, spiritual, fun, etc.
 - Communal consultation and agreement
- Make agreement visible / link to a symbol

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Non Negotiables

- There are some things that are not negotiable:
 - respecting the practices and customs of any international pilgrims
 - respecting other pilgrims and their property
 - refraining from drunkenness and using illegal substances
 - refraining from inappropriate sexual behaviour (*including verbal and physical harassment*)
 - refraining from violent and threatening behaviour





Pilgrim Contract

(signed by the pilgrim)

I agree to abide by the *Code of Behaviour* of the 'Parish/School WYD Pilgrimage' and to participate in all aspects of the pilgrimage. I understand that a breach in these rules and guidelines may result in the my removal from the pilgrimage.

Pilgrim Code of Behaviour

In undertaking this pilgrimage, I agree to the following code of behaviour, including but not limited to:

- acting in a manner that will bring respect to myself and those I represent
- respecting the practices and customs of any international pilgrims I meet
- abiding by the reasonable requests of pilgrimage leaders
- respecting other pilgrims and their property
- refraining from drunkenness and using illegal substances
- refraining from inappropriate sexual behaviour (*including verbal and physical harassment*)
- refraining from violent and threatening behaviour

SIGNED: _____

DATE: / / 2008





Group Dynamics

Group Dynamic Process

- Tuckman's Stages for Group Development
 - **Forming** (*pretending to get on or get along with others*)
 - **Storming** (*letting down the politeness barrier and trying to get down to the issues even if tempers flare up*)
 - **Norming** (*getting used to each other and developing trust and productivity*)
 - **Performing** (*working in a group to a common goal on a highly efficient and cooperative basis*)
 - **Adjourning** (*mourning the adjournment of the group*)





Group Dynamics

Managing Conflict and Resolutions

- Establish a process
 - Listen *find out what is going on*
 - Define Needs *what are the underlying needs*
 - Recognise Difference *recognition of individual differences*
 - Adopt Openness *openness to adapting ones position in the light of shared information and attitudes*
 - Resolve Problem *attack the problem, not the people*
- *Refer to your CDA's code of behaviour*





Physical needs & First Aid

Prepare your pilgrims

- Walk
 - *At WYD you will walk all day everyday*
 - *Several hours walk into and out of the Vigil*
 - *Preparation activities could involve walking activities*
- Shoes
 - *Take a good pair of walking shoes*
 - *Be sure to wear them in before you go*





Physical needs & First Aid

Prepare your pilgrims

- Clothes
 - *Sydney will be cold – pack appropriately*
 - *Dress in layers*
- *Medication & First aid*
 - *Bring your own medication*
 - *Bring a small personal first aid kit*
 - *Tissues – port-a-toilets don't always have paper*





Physical needs & First Aid

Prepare your pilgrims

- Language
 - 4 main languages (*English, Spanish, Italian, French*)
 - *Learn greetings in various languages*

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Physical needs & First Aid

Be First Aid Trained and equipped

- Collect Medical Information (*template being developed*)
- Be sure that someone in your group has a First Aid Certificate
 - First Aid (3 years) Resuscitation (1 year)
- Take a small First Aid kit
- Have a First Aid plan
 - Small injuries
 - Visits to Doctors or Hospitals
- Document incidents





Physical needs & First Aid

Possible Medical Questions

- Is the participant under regular medical treatment from a doctor? YES / NO - If YES for what condition.
- Please indicate any illnesses/disability that the participant experiences of which the organisers should be aware (e.g. asthma, mental illness, depression, physical disability, etc)
- Does the participant have any special needs that organisers need to be aware of?
- Does the participant need to take any medication for a medical condition? YES / NO – What?
- Please indicate any allergies:
- Please indicate special dietary needs:
- Is the participant a capable swimmer? YES / NO





Physical needs & First Aid

Possible Medical Questions

- Medicare Card Number:
- Any additional health benefits: Table or Number:
- Last tetanus immunisation:
- Name of Family Doctor: Address: Phone:
- Emergency Contact: Address: Phone H) W) M)





Physical needs & First Aid

Drink Water & Stay Warm

- Keep Hydrated
 - Lots of walking
 - Different Diet
 - Lack of sleep
- Stay Warm
 - Temperature will drop at night
 - Wind





Pastoral Approaches

Building Relationships

- Be yourself *young people have good crap detectors!*
- Be open *share yourself with your pilgrims*
- Be an example *example to behaviours and practices you are want to share*
- Be present *invest time in getting to know your pilgrims*

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Pastoral Approaches

Observing your group

- Get to know the group - as a group
 - How do they communicate, relate, react, etc
- Observe the group during activities and feedback
- Group circumstances intensify during WYD – be prepared

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Pastoral Approaches

Being Present and Supportive

- In preparation and during WYD:
 - Walk with pilgrims
 - Ask questions
 - Stimulate reflection
 - Enjoy your time together
- You will become a key mentor for your pilgrims

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Where to from here

Tasks

- Meet with your Pilgrimage Leadership Team to discuss roles
- Begin connecting with or gathering your pilgrims
- Begin to collect resources

Resources

- Spirited: prayers for young people
- Archdiocesan Preparation kit
- Pilgrimage Forms & Procedures (www.wydbristbane.org.au)
- Holy Fathers Message for WYD08





Training Day 3 – March 08

Outline

- **Staying Safe**
 - Travelling in groups
 - Watch out for each other
 - Prepare for emergencies
- **Critical Incidence & Pastoral Care**
 - Responding to Critical incidence
 - Pastoral Care around incidence
- **Juggling the Chaos**
 - Strategies to manage the pastoral care of the whole group as well as diverse individuals





Further Questions

Questions

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Spiritual Leader Formation

WYD Training Day 2 – Oct 07



**“You will receive
power when the
Holy Spirit has
come upon you;
and you will be
my witnesses”**

[Acts 1:8]